FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Rasmussen Melissa						2. Issuer Name <b>and</b> Ticker or Trading Symbol National Vision Holdings, Inc. [ EYE ]										Chec	c all applic Directo	or		10% Ov	wner
(Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC. 2435 COMMERCE AVENUE, BLDG. 2200					3. Date of Earliest Transaction (Month/Day/Year) 03/02/2023											X Officer (give title Other (speci below) below)  Chief Financial Officer					ъреспу
(Street)  DULUT:	OULUTH GA 30096-498			80	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Grou Line)  X Form filed by Original Filed by Month Person											led by One	e Repo	n		
		Tab	le I - Noi	1-Deriv	ative	Sec	curiti	ies Ac	qı	uired,	Dis	posed o	of, o	r Ben	efici	ially	Owned	i			
Date					Date Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securitie Benefici		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
										Code	v	Amount		(A) or (D)	Pric	е	Transact (Instr. 3	ion(s)			(Instr. 4)
Common Stock 03/0						/2023				M		1,53	1	A	\$(	<b>)</b> (1)	11,154			D	
Common Stock 03/					02/2023					F		527		D	(	2)	10,627			D	
Common Stock 03/02					2/2023					M		2,486	(3)	A	\$0 <sup>(4)</sup>		13,113			D	
Common Stock 03/02					/2023					F		881		D	(5)		12,232			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	ed A	4. Transac	l. Transaction Code (Instr.		5. Number 6			ercisa Date	able and	7. Ti Amo Sec Und Deri	7. Title and Amount of Securities Underlying Derivative Secui (Instr. 3 and 4)		8. D S (I	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly Owr Forr Dire or Ir (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)					expiration pate	Title		Amoui or Numbe of Shares	er			$\perp$		
Restricted Stock	(1)	03/02/2023			м			1.531		(6)		(6)	Con	nmon	1.53	1 l	\$0	6.448		D	

## Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. On March 2, 2023, 1,531 restricted stock units vested and 527 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on March 2, 2023 of the Company's common stock on NASDAQ was \$22.88 per share.
- 3. Represents shares earned by the reporting person pursuant to certain performance restricted stock units (the "PSUs"), which were granted to the reporting person on February 28, 2020. The PSUs were earned based on the attainment of certain performance metrics, which performance metrics were certified by the Compensation Committee of the Board of Directors of the Company on March 2, 2023.
- ${\bf 4.} \ Each \ performance \ restricted \ stock \ unit \ represents \ a \ right \ to \ receive \ one \ share \ of \ NVHI \ common \ stock.$
- 5. On March 2, 2023, 2,486 PSUs vested and 881 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on March 2, 2023 of the Company's common stock on NASDAQ was \$22.88 per share.
- 6. On March 2, 2022, the reporting person was granted 4,594 restricted stock units, vesting in three equal annual installments beginning on the first anniversary of the grant date.

## Remarks:

Units

/s/ Jared Brandman, as Attorney-in-Fact 03/06/2023

\*\* Signature of Reporting Person Dat

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.