FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL | | | | | | | | | | | |
|------------------------|-----------|--|--|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | | | | |
| Estimated average bure | den | | | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| 1. Name and Address of Reporting Person* FAHS L READE | | | | | 2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE] | | | | | | | | | (Ch | | | | | vner | |
|--|---|--|---|--------------------------------------|--|--------|------------------------------------|----------|------------------------------------|------------------------------------|--|-------------------|-------|--|---|---|-------------------------------------|--|------|------------|
| (Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC., 2435 COMMERCE AVENUE, BLDG. 2200 | | | | | | oate o | | est Trar | nsac | ction (Mo | onth/E | Day/Year) | | X Officer (give title other (specify below) Chief Executive Officer | | | | | | |
| (Street) DULUTH GA 30096-4980 (City) (State) (Zip) | | | | 4. If | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | | ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| | | Tab | le I - Nor | n-Deriv | ative | Se | curiti | ies Ad | cqı | uired, | Disp | osed o | of, o | r Ben | eficia | ly Owned | | | | |
| 1. Title of Security (Instr. 3) 2. Trans Date | | | action | 2A. Deemed Execution Da if any | | | A. Deemed xecution Date, any | | 3. 4 Transaction Code (Instr. 5 | | 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5) | | | 5. Amou Securitie Benefici Owned F | nt of es ally Following | Form (D) o | n: Direct r Indirect istr. 4) | 7. Nature of Indirect Beneficial Ownership | | |
| | | | | | | | | | | Code | v | Amount | | (A) or (D) | Price | Reporte Transaci (Instr. 3 | tion(s) | | | (Instr. 4) |
| Common Stock 03/0 | | | | 03/05 | 5/2022 | /2022 | | | M | | 5,01 | 9 | A | \$0 ⁽¹ | 92 | 2,677 | | D | | |
| Common | Stock | | | 03/05 | 5/2022 | 2 | | | | F | | 2,26 | 4 | D | (2) | 490 |),413 | D | | |
| Common | Common Stock | | | | | | | | | | | | | 363,430 | | | | Held by Trust | | |
| | | Т | able II - | | | | | | | | | sed of onverti | | | | Owned | | , | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution I if any (Month/Day | Date, | 4. Transaction Code (Insti | | n of | | Ex | Date Exe cpiration donth/Day | Amount of | | | 8. Price of Derivative Security (Instr. 5) | 9. Numbe derivative Securities Beneficial Owned Following Reported Transactie (Instr. 4) | Ownersl Form: Direct (I or Indire (I) (Instr. | Ownership | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | Code | v | (A) | (D) | | ate kercisabl | | xpiration ate | Title | C | Amount or Number of Shares | | | | | |
| Restricted Stock | (1) | 03/05/2022 | | | M | | | 5,019 | | (3) | | (3) | Com | mon ock | 5,019 | \$0 | 58,07 | 4 | D | |

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. On March 5, 2022, 5,019 restricted stock units vested and 2,264 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on March 4, 2022 (as March 5, 5022 fell on a weekend) of the Company's common stock on NASDAQ was \$38.55 per share.
- 3. On March 5, 2021, the reporting person was granted 15,057 restricted stock units, vesting in three equal annual installments beginning on the first anniversary of the grant date.

Remarks:

/s/ Jared Brandman, as 03/08/2022 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.