Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP
obligations may continue. See		

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>TEHLE DAVID M</u>						2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]									ck all app Direc	tionship of Reporti all applicable) Director		10% O	wner
		SION HOLDIN	1	1	3. Date of Earliest Transaction (Month/Day/Year) 06/15/2022									Office below	er (give title v)		Other (below)	specify	
2435 COMMERCE AVENUE, BLDG. 2200					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)	H GA	3	0096-4	980									X	<i>'</i>				- 1	
(City)	(Sta	ate) (Z	<u>Z</u> ip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date		ecution Date, ny				es Acquired (A Of (D) (Instr. 3,			5. Amo Securit Benefic Owned Report	ties cially Following	Form (D) o	vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) (D)	or F	Price	Transa	action(s) 3 and 4)			(111341. 4)		
Common Stock 06/15/2				/2022		A		5,036 ⁽¹⁾ A		\$0 ⁽²⁾	(2) 26,466			D					
		Tal									osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any				Fransaction of Code (Instr. Derivative		rative rities pired r osed)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Str.	Price of erivative ecurity estr. 5)	tive derivative ty Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Numi of Share	ber					

Explanation of Responses:

- 1. Represents a restricted stock unit ("RSU") grant pursuant to NVHI's non-employee director compensation policy. The RSUs vest in full on the one year anniversary of the date of grant, subject to the Reporting Person's continuous service through such vesting date.
- 2. Each RSU represents a contingent right to receive one share of NVHI common stock.

Remarks:

/s/ Jared Brandman, as Attorney-in-Fact

06/17/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.