FORM 4

Check this box if no longer subject

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0287							
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to Section obligat	tion 16. Form 4 tions may contin ction 1(b).	or Form 5	0.71	Filed	pursuai	nt to Se	ection 16(a)	of the S	ecuriti	es Exchang	e Act o	of 1934	(0.	•••	ll l	ated aver per respo	age burde onse:	n 0.5
1. Name and Address of Reporting Person* FAHS L READE				or Section 30(h) of the Investment Company Act of 1940  2. Issuer Name and Ticker or Trading Symbol  National Vision Holdings, Inc. [ EYE ]								ationship all appl Direct	,	ng Perso	n(s) to Is:			
		st) (N ISION HOLDIN AVENUE, BLD			3. Date of Earliest Transaction (Month/Day/Year) 11/12/2021								X Officer (give title Other (speci below) below)  Chief Executive Officer					pecify
(Street) DULUT			0096-4 Zip)	980	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv Line) X					on
		Table	I - No	n-Deriva	tive S	ecur	ities Acq	uired,	Dis	posed of	, or B	Benefi	cially	Owne	ed			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day				Execution Date,		Transaction Disposed (Code (Instr. 5)		es Acquired (A Of (D) (Instr. 3,		or and	Securit Benefic Owned	Amount of ecurities eneficially wned Following		Direct of direct Indirect Indi	7. Nature of Indirect Beneficial Ownership			
						Code	v	Amount	(A) or (D)		ice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock			11/12/2	2021			G		160,000(	1) I	D	\$0 452,508 D					
Common	Stock		11/12/2021					G		160,000 <sup>(1</sup>	1) <i>A</i>	A	\$0	343,430		I		Held by Trust
		Tal								osed of, o				Owned	i			
1. Title of Derivative Security (Instr. 3)				ansaction of E			oate Exercisable and biration Date onth/Day/Year)			Amount of Securities S		Price of ivative curity str. 5)	9. Number derivative Securities Securities Following Reported Transactio (Instr. 4)	y Ow Fo Dir or (I)	vnership rm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Date Exercisable

Expiration Date

## **Explanation of Responses:**

1. On November 12, 2021, the reporting person transferred 160,000 shares of common stock to a family trust. The reporting person's spouse is trustee of the trust.

Code

## Remarks:

/s/ Jared Brandman, as 11/16/2021 Attorney-in-Fact

Amount or Number

of Shares

Title

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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(A)