SEC Form 4	
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### FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average b	urden								

Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person <sup>*</sup> Vaught John			2. Issuer Name <b>and</b> Ticker or Trading Symbol National Vision Holdings, Inc. [ EYE ]		ationship of Reporting Pe < all applicable) Director	10% Owner
		(Middle) DLDINGS, INC. E, BLDG. 2200	<ul> <li>3. Date of Earliest Transaction (Month/Day/Year)</li> <li>01/11/2019</li> </ul>	X	Officer (give title below) SVP, Chief Inform	Other (specify below) ation Officer
(Street) DULUTH (City)	GA (State)	30096-4980 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indir Line) X	vidual or Joint/Group Fili Form filed by One Re Form filed by More th Person	porting Person

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	01/11/2019		М		36,459	A	\$4.27	36,459	D		
Common Stock	01/11/2019		S		36,459	D	\$30.493(1)	0	D		
Common Stock	01/11/2019		М		6,284	A	\$7.25	6,284	D		
Common Stock	01/11/2019		S		6,284	D	\$30.04(2)	0	D		

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transa Code ( 8)	ction	5. N of Deri Secu	Expiration Date of Sec (Month/Day/Year) Under urities uired (Instr.			, 		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned	10. Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Security					(A) or Disposed of (D) (Instr. 3, 4 and 5)				Amount			Following Reported Transaction(s) (Instr. 4)	(I) (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	or Number of Shares				
Stock Option (Right to Buy)	\$4.27	01/11/2019		М			36,459	(3)	03/13/2024	Common Stock	36,459	\$0	13,426	D	
Stock Option (Right to Buy)	\$7.25	01/11/2019		М			6,284	(4)	03/13/2024	Common Stock	6,284	\$7.25	4,137	D	

### Explanation of Responses:

1. Price represents the weighted average sales price. The shares were sold pursuant to a single order in multiple transactions as prices ranging from \$30.17 to \$30.89. Upon request by the SEC staff, the issuer or a security holder of the issuer, the reporting person will provide full information regarding the number of shares sold at each separate price.

2. Price represents the weighted average sales price. The shares were sold pursuant to a single order in multiple transactions as prices ranging from \$30.00 to \$30.14. Upon request by the SEC staff, the issuer or a security holder of the issuer, the reporting person will provide full information regarding the number of shares sold at each separate price.

3. Of these 13,426 stock options, none are vested and 13,426 stock options will vest on March 13, 2019. An additional 37,762 stock options which remain subject to liquidity-event performance-based vesting conditions are not included in the table above.

4. These stock options are fully vested.

### **Remarks:**

<u>/s/ Jared Brandman, as</u> <u>Attorney-in-Fact</u>

01/15/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.