FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington.	D C	20540
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FAHS L READE (Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC., 2435 COMMERCE AVENUE, BLDG. 2200						Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE] 3. Date of Earliest Transaction (Month/Day/Year) 03/03/2023						(C	Relationship of Reporting Person(s) to Issuer heck all applicable) X Director 10% Owner X Officer (give title Other (specify below) below) Chief Executive Officer						
(Street) DULUT		A State)	30096-4980 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Lir	e) X Form fil Form fil	,					
1. Title of Security (Instr. 3) 2. Tr			2. Transa	saction 2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (ection	4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		ed (A) or tr. 3, 4 and	5. Amour Securities Beneficia Owned For Reported Transacti	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Direct Indirect I	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
Common Stock Common Stock				3/2023		M F			5,019 A		546	(Instr. 3 and 4) 546,186 543,925		D D	T.111				
Common Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of 2. 3. Transaction 3A. Deemed 4. 5. Number of 6. Date Exercisable and 7. Title and Amount 8. Price of 9. Number of 10. 11. Nature																			
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	se (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Code	saction e (Instr.			Expiration (Month/E			of Securities Underlying Derivative Secu (Instr. 3 and 4)		Derivative Security (Instr. 5)	derivative Securities Beneficia Owned Following Reported Transacti	es land land land land land land land land	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
				Code	e V	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Share	s	(Instr. 4)					
Restricted Stock Units	(1)	03/03/2023		M			5,019	(2)		(2)	Common Stock	5,019	\$0	33,45	53	D			
Restricted Stock Units	(1)	03/03/2023		A		134,469		(3)		(3)	Common Stock	134,46	9 \$0	167,9	22	D			

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. On March 3, 2023, 5,019 restricted stock units vested and 2,261 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on March 3, 2023 of the Company's common stock on NASDAQ was \$22.31 per share.
- 3. The restricted stock units will vest in three equal annual installments beginning on the first anniversary of the grant date.

Remarks:

/s/ Jared Brandman, as 03/07/2023 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.