SEC Form 4 FORM	4	UNIT	ED STA	ΓES	SECURITI	ES A	ND	EXCHAI	NGE	CON	MISS	SION			
		Wash	ington,	D.C. 2	20549					(	OMB APPRO	DVAL			
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).			Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										OMB Number:         3235-0287           Estimated average burden            hours per response:         0.5		
1. Name and Address of Reporting Person <sup>*</sup> FAHS L READE				2. Issuer Name <b>and</b> Ticker or Trading Symbol National Vision Holdings, Inc. [ EYE ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			
(Last)(First)(Middle)C/O NATIONAL VISION HOLDINGS, INC.,2435 COMMERCE AVENUE, BLDG. 2200					ate of Earliest Tran 19/2021	(Mon	th/Day/Year)	X Officer (give title Other (specify below) below) Chief Executive Officer							
(Street) DULUTH G	A tate)	30096-4 (Zip)	4980	Line) X Form filed b							/Group Filing (Check Applicable by One Reporting Person by More than One Reporting				
	,		Non-Deriva	L ative	e Securities A	cquire	ed, D	)isposed o	f, or B	enefi	ially C	Dwned			
Date			2. Transactio Date (Month/Day/Y	Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			Beneficially Owned Foll			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
							v	Amount	(A) or (D)	Price		Reported Transaction(s (Instr. 3 and 4			(Instr. 4)
Common Stock			05/19/2021			М		160,828	A	\$	4.27	381,83	1	D	
Common Stock 05/19			05/19/20	21		S		160,828	D	\$48.	2319 <sup>(1)</sup>	221,003	3	D	
Common Stock 05/20/			05/20/20	21		М		161,408	A	\$	4.27	382,41	1	D	
Common Stock 05/20/20			21		F		535 <sup>(2)</sup>	D	\$4	8.183	381,87	6	D		
Common Stock											183,430	0	Ι	Held by Trust	
		Table I	I - Derivat	ive :	Securities Acc calls, warrant	quired s. opt	, Dis	sposed of, convertib	or Bei ble sec	nefici curitie	ally Ov	vned			

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Stock Option (Right to Buy)	\$4.27	05/19/2021		М			160,828	(3)	03/13/2024	Common Stock	160,828	\$0	815,642	D	
Stock Option (Right to Buy)	\$4.27	05/20/2021		М			161,408	(4)	03/13/2024	Common Stock	161,408	\$0	654,234	D	

Explanation of Responses:

1. Price represents the weighted average sales price. The shares were sold pursuant to a single order in multiple transactions as prices ranging from \$47.93 to \$48.70. Upon request by the SEC staff, the issuer or a security holder of the issuer, the reporting person will provide full information regarding the number of shares sold at each separate price.

2. Represents shares sold to cover the remaining exercise price for options exercised via a cashless hold.

3. These stock options are fully vested.

4. These stock options are fully vested.

Remarks:

/s/ Jared Brandman, as
Attorney-in-Fact

05/21/2021

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.