FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	.C. 20549
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heck this box if no longer subject to	
ection 16. Form 4 or Form 5	
bligations may continue. See	
octruction 1(h)	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Rasmussen Melissa						2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]										k all applicable) Director Officer (give title		g Person(s) to Issuer 10% Owner Other (specify	
(Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC. 2435 COMMERCE AVENUE, BLDG. 2200						ate of 28/20		st Trans	saction (M	onth/	Day/Year)		′	below) below) Chief Financial Officer					
(Street) DULUTH GA 30096-4980 (City) (State) (Zip)				4. If	Amer	ndment	t, Date (of Original	Filed	(Month/D	Lin	e) X Form: Form:	ual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tab	e I - Nor	n-Deriva	ative	Sec	uritie	es Ac	quired,	Dis	posed (of, or	Ben	eficial	ly Owne	d			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		Execution Date,			Code (4. Secur Dispose 5)				Securitie Benefici	5. Amount of Securities Beneficially Owned Following		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership Instr. 4)	
									Code	v	Amount	(A (D	A) or O)	Price	Transaci (Instr. 3	tion(s)			(11150.4)
Common Stock					3/2023				М		383		A	\$0 ⁽¹⁾	9,7	759 ⁽²⁾		D	
Common Stock 02/.					3/2023				F		136	5 D		(3)	9,623		D		
		Т							uired, D , optior						/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transac Code (l 8)		n of		6. Date Ex Expiration (Month/Da	Date		7. Title Amour Securi Underl Deriva (Instr.	nt of ities lying itive Se		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly Ov Fo Dii or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisab		xpiration ate	Title	O N O	lumber					
Restricted Stock	(1)	02/28/2023			M			383	(4)		(4)	Comm Stock		383	\$0	7,979		D	

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. These shares include 338 shares that were acquired pursuant to the employee stock purchase plan, which acquisitions are exempt from Section 16.
- 3. On February 28, 2023, 383 restricted stock units vested and 136 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on February 28, 2023 of the Company's common stock on NASDAQ was \$37.36 per share.
- 4. On February 28, 2020, the reporting person was granted 1,149 restricted stock units, vesting in three equal annual installments beginning on the first anniversary of the grant date.

Remarks:

/s/ Jared Brandman, as Attorney-in-Fact

03/02/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.