FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* VanDette Joseph					2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]								(Chec	k all applic	tionship of Reporting all applicable) Director Officer (give title		son(s) to Iss 10% O Other (s	vner
(Last)	(Fi	rst)	(Middle)	3.	3. Date of Earliest Transaction (Month/Day/Year)							X	below)	below)		below)	`	
C/O NATIONAL VISION HOLDINGS, INC.				03	03/03/2023								SVP, Chief Marketing Officer				r	
2435 COMMERCE AVENUE, BLDG 2200				_														
(Street)	H G.	A	30096	4.	4. If Amendment, Date of Original Filed (Month/Day/					ay/Year)		Line)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Si	tate)	(Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transa Date				Transactio ate lonth/Day/Y	2A. Deemed Execution Date,				str. 3, 4	4 and Securitie Benefici		es Fo ally (D) Following (I)	Form (D) or	Ownership orm: Direct O) or Indirect) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	٧	Amount	(A) or (D)		ice	Transaction(s) (Instr. 3 and 4)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	action (Instr.			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)			B. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amou or Numl of Share	ber					
Restricted Stock Units	(1)	03/03/2023		A		19,050		(2)		(2)	Common Stock	19,0)50	\$0	26,853	3	D	

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. The restricted stock units will vest in three equal annual installments beginning on the first anniversary of the grant date.

Remarks:

/s/ Jared Brandman, Attorneyin-Fact

03/07/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.