SEC Form 4	
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FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Francis Roger F.			2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]		5. Relationship of Reporting Person(s) to Issue (Check all applicable) Director 10% Own				
1		(Middle) DLDINGS, INC. E. BLDG 2200	3. Date of Earliest Transaction (Month/Day/Year) 05/03/2022	- X	Officer (give title below) SVP, Chief Stor	Other (specify below) es Officer			
(Street) DULUTH (City)	DULUTH GA 30096		4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indix Line) X	vidual or Joint/Group Filir Form filed by One Re Form filed by More the Person	porting Person			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130. 4)
Common Stock	05/03/2022		М		2,239	A	\$0 ⁽¹⁾	4,478	D	
Common Stock	05/03/2022		F		674	D	(2)	3,804	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		n of		6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)	05/03/2022		М			2,239	(3)	(3)	Common Stock	2,239	\$0	10,307	D	

Explanation of Responses:

1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.

2. On May 3, 2022, 2,239 restricted stock units vested and 674 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on May 3, 2022 of the Company's common stock on NASDAQ was \$37.71 per share.

3. On May 3, 2021, the reporting person was granted 3,359 restricted stock units, which will vest in two installments, with 2,239 shares vesting on the first anniversary of the grant date and 1,120 shares vesting on the second anniversary of the grant date.

Remarks:

<u>/s/ Jared Brandman, as</u> <u>Attorney-in-Fact</u>

05/05/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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