FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	S IN BENEFIC	IAL OWNERS	HIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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Name and Address of Reporting Person* Rasmussen Melissa						2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]									(Ch	eck all appli Directo	tionship of Reportin all applicable) Director Officer (give title		son(s) to Iss 10% Ov Other (s	wner	
	NATIONAL VISION HOLDINGS, INC.						3. Date of Earliest Transaction (Month/Day/Year) 11/18/2021										below) SVP, Chief Accor		below)	`	
2435 COMMERCE AVENUE, BLDG. 2200					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) DULUTI	H G	GA 30096-4980													- 1	X Form filed by One Reporting Person Form filed by More than One Reporting Person				- 1	
(City)	(Si	tate)	(Zip)																		
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Trans Date (Month/				action 2A. Deemed Execution Date, if any (Month/Day/Year)		·,	Code (Instr.						Benefici	es ally Following	Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership				
								[Code	v	Amount		(A) or (D)	Price	Transac (Instr. 3	tion(s)			(Instr. 4)		
Common Stock 11/2				11/18	3/202	/2021				M		5,48	8	A	\$0(1	5,8	346(2)		D		
Common Stock 11/			11/18	3/2021				F		1,652		D	(3)	4,	4,194		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		n of E		Exp	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exe	e ercisable		xpiration ate	Title		Amount or Number of Shares						
Restricted Stock Units	(1)	11/18/2021			M			5,488		(4)		(4)		imon ock	5,488	\$0	7,214		D		

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. These shares include 158 shares that were acquired pursuant to the employee stock purchase plan, which acquisitions are exempt from Section 16.
- 3. On November 18, 2021, 5,488 restricted stock units vested and 1,652 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on November 18, 2021 of the Company's common stock on NASDAQ was \$48.330 per share.
- 4. On November 18, 2019, the reporting person was granted 5,488 restricted stock units, which will vest in three installments, with 5,488 shares vesting on the second anniversary of the grant date, 2,744 sharesvesting on the third anniversary of the grant date and 2,745 shares vesting on the fourth anniversary of the grant date.

Remarks:

<u>/s/ Jared Brandman, as</u> <u>Attorney-in-Fact</u> <u>11/18/2021</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.