FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL				
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Brandman Jared	2. Date of Event Requiring Statement Month/Day/Year) 02/13/2019 3. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]							
(Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC.		Relationship of Reporting Perso (Check all applicable) Director	10% Owne	r (Moi	5. If Amendment, Date of Original Filed (Month/Day/Year)			
2435 COMMERCE AVENUE, BLDG. 2200			X Officer (give title below) SVP, GC and S	Other (spe- below) retary	6. In	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person		
(Street) DULUTH GA 30096-4980						Form filed by Reporting Po	y More than One erson	
(City) (State) (Zip)								
Table I - Non-Derivative Securities Beneficially Owned								
1. Title of Security (Instr. 4)		2. Amount of Securities Beneficially Owned (Instr. 4)			4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock		4,726(1)	D					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)								
1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securit Underlying Derivative Securit		4. Conversion or Exercise Price of	5. Ownership Form: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
	Date Exercisable	Expiration Date	n Title	Amount or Number of Shares	Derivative Security	or Indirect (I) (Instr. 5)		
Stock Option (Right to Buy) (2) 08/14/			Common Stock	58,830	15.74	D		

Explanation of Responses:

- 1. These shares include 226 shares that were acquired pursuant to the Company's Associate Stock Purchase Plan, which acquisitions are exempt from Section 16.
- 2. Of these 58,830 stock options, 26,281 are vested and the remaining 32,549 will vest in four equal annual installments on August 14, 2019, 2020, 2021 and 2022. An additional 22,885 stock options which remain subject to liquidity-event performance-based vesting conditions are not included in the table above.

Remarks:

Exhibit List: Exhibit 24 - Power of Attorney

/s/ Jared Brandman 02/22/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Power of Attorney

Know all by these presents that the undersigned does hereby make, constitute and appoint Ronnie Brown as a true and lawful attorney-in-fact and agent of the undersigned, with full powers of substitution and revocation, for and in the name, place and stead of the undersigned (in the undersigned's individual capacity), to execute and deliver such forms that the undersigned may be required to file with the U.S. Securities and Exchange Commission as a result of the undersigned's ownership of or transactions in securities of National Vision Holdings, Inc. (i) pursuant to Section 16(a) of the Securities Exchange Act of 1934, as amended, including without limitation, statements on Form 3, Form 4 and Form 5 (including any amendments thereto), and (ii) in connection with any applications for EDGAR access codes of any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the Securities and Exchange Commission, including, without limitation an Update Passphrase request. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with regard to the undersigned's ownership of or transactions in securities of National Vision Holdings, Inc., unless earlier revoked in writing. The undersigned acknowledges that Ronnie Brown is not assuming any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

Date: February 13, 2019	By: /s/ Jared Brandman
	Jared Brandman