Instruction 1(b).

FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

| Washington, D.C. 20549 |
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| Check this box if no longer subject to Section 16. Form 4 or Form 5 | STATEMENT OF C |
|---|----------------|
| obligations may continue. See                                       |                |

## CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  TAYLOR THOMAS V    |  |               |   |  |   | 2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [ EYE ] |   |       |  |  |                    |             |  |   | ck all app  | tor   | ng Per                                | 10% O   | wner    |
|--|--|---------------|---|--|---|--|---|-------|--|--|--------------------|-------------|--|---|---|---|---------------------------------------|---|---------|
|  |  | SION HOLDIN   |   |  |   | 3. Date of Earliest Transaction (Month/Day/Year) 06/11/2020                        |   |       |  |  |                    |             |  |   |   | Officer (give title below)  |                                       | Other (<br>below)   | specify |
| 2435 COMMERCE AVENUE, BLDG. 2200                             |  |               |   |  |   | 4. If Amendment, Date of Original Filed (Month/Day/Year)                           |   |       |  |  |                    |             |  | 6. Individual or Joint/Group Filing (Check Applicable Line)   |   |   |                                       |   |         |
| (Street) DULUT   | H GA   | GA 30096-4980 |   |  |   |  |   |       |  |  |                    |             |  | 2   | X Form filed by One Reporting Person  Form filed by More than One Reporting  Person |   |                                       |   |         |
| (City)   | (Sta   | ate) (2       | Zip)                                    |  |   |  |   |       |  |  |                    |             |  |   |   |   |                                       |   |         |
|  | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   |               |   |  |   |  |   |       |  |  |                    |             |  |   |   |   |                                       |   |         |
| 1. Title of Security (Instr. 3)  2. Transact Date (Month/Day |  |               |   |  | Execu<br>ly/Year) if any                      |  | Deemed<br>cution Date,<br>ly<br>nth/Day/Year) |       | 3. 4. Securitie<br>Transaction Disposed (<br>Code (Instr. 8) |  |                    |             |  | Benefic   | ies<br>cially<br>Following  | Form<br>(D) o   | n: Direct<br>r Indirect               | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |         |
|  |  |               |   |  |   |  |   |       |  | v  | Amount             | (A)<br>(D)  | or I   | Price   | Transa  | ction(s)<br>3 and 4)  |                                       |   |         |
| Common Stock 06/11/2   |  |               |   |  | 2020  |  |   |       | A  |  | 3,632(1)           | A           | A  | \$ <mark>0</mark>   | 12,971  |   |                                       | D   |         |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |               |   |  |   |  |   |       |  |  |                    |             |  |   |   |   |                                       |   |         |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)          |  |               | 4.<br>Transaction<br>Code (Instr.<br>8) |  | of<br>Deriv<br>Secu<br>Acqu<br>(A) o<br>Dispo | r<br>osed<br>)<br>r. 3, 4  | Expirati<br>(Month/                           | on Da | ear)   | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr<br>3 and 4) |                    | str.        | . Price of<br>Perivative<br>Pecurity<br>Pecurity<br>Pecurity | 9. Number<br>derivative<br>Securities<br>Beneficial!<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4) | y   | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |   |         |
|  |  |               |   |  | Code V  |  |   |       | Date<br>Exercisable  |  | Expiration<br>Date | Title Share |  | es  |   |   |                                       |   |         |

## **Explanation of Responses:**

1. Restricted stock award granted as director compensation, which will vest on the first anniversary of the grant date, subject to continued service through the applicable vesting date.

## Remarks:

/s/ Jared Brandman, as Attorney-in-Fact

06/15/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.