FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Nashington, [D.C. 2	0549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* VanDette Joseph						2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]										eck all appli	or		son(s) to Iss 10% Ov Other (s	vner	
(Last)	•	ŕ	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 04/11/2023									below)	er (give title /) P, Chief Mark		below)	·		
C/O NATIONAL VISION HOLDINGS, INC. 2435 COMMERCE AVENUE, BLDG 2200					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line)											·				
(Street)	H G.	A :	30096											X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(S	tate)	(Zip)		Ru	Rule 10b5-1(c) Transaction Indication															
	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
		Tab	le I - Nor	1-Deriv	ative	Se			cqu	uired, [Disp	osed c	of, or	Ben	eficia	lly Owned	t				
Da			Date	ansaction th/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		·	3. Transac Code (Ir 8)	action Dispos		ities A d Of (C	cquire)) (Inst	d (A) or r. 3, 4 an	d Securition Benefici Owned I	5. Amount of Securities Beneficially Owned Following		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership		
										Code	v	Amount		(A) or (D)	Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock			04/1	1/2023	3				M		1,150	6	A \$0 ⁽¹) 1,	1,156		D			
Common Stock			04/1	1/2023	1/2023				F		410		D	\$0 ⁽²) 7	746		D			
Common Stock 04/				04/1	1/2023	/2023						1,830	0 A		\$ <mark>0</mark> (1) 2,	576	D			
Common Stock 04/			04/1	1/2023	3				F		648	B D		\$0 ⁽³) 1,	928		D			
		Т										sed of onverti				/ Owned				•	
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) Date (Month/Day/Year) (Month/Day/Year)				Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercisab Expiration Date (Month/Day/Year)			Amount of			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)		ate kercisable		xpiration ate	Title		Amount or Number of Shares						
Restricted Stock Units	(1)	04/11/2023			М			1,156		(4)		(4)	Comi		1,156	\$0	25,697	7	D		
Restricted Stock	(1)	04/11/2023			M			1,830		(5)		(5)	Com		1,830	\$0	23,867	7	D		

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. On April 11, 2023, 1,156 restricted stock units vested and 410 shares of the Company's stock were withheld to satisfy tax withholding obligations. The closing price on April 11, 2023 of the Company's common stock on NASDAQ was \$20.30 per share.
- 3. On April 11, 2023, 1,830 restricted stock units vested and 648 shares of the Company's stock were withheld to satisfy tax withholding obligations. The closing price on April 11, 2023 of the Company's common stock on NASDAQ was \$20.30 per share.
- 4. On April 11, 2022, the reporting person was granted 2,312 restricted stock units, vesting in two equal installments beginning on the first anniversary of the grant date.
- 5. On April 11, 2022, the reporting person was granted 5,491 restricted stock units, vesting in three equal installments beginning on the first anniversary of the grant date.

Remarks:

/s/ Jared Brandman, Attorneyin-Fact

04/13/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.