FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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	OMB APPROVAL										
ı											
l	OMB Number:	3235-0287									
l	Estimated average burden										
l	hours per response	: 0.5									

	Check this box if no longer subject
	to Section 16. Form 4 or Form 5
$\cup$	obligations may continue. See
	Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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Name and Address of Reporting Person*  Cianfrocco Heather						2. Issuer Name <b>and</b> Ticker or Trading Symbol National Vision Holdings, Inc. [ EYE ]								(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
													<b>⊣</b> X	Direc	tor		10% O	wner			
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 06/14/2023									Office below	er (give title v)		Other (s	specify		
C/O NAT	4 If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6 Inc	6. Individual or Joint/Group Filing (Check Applicable										
2435 COMMERCE AVENUE, BLDG. 2200						4. II Ameriament, Date of Original Filed (Month/Day/Year)								Line)							
											X	X Form filed by One Reporting Person									
(Street) DULUTH GA 30096-4980															Form filed by More than One Reporting Person						
l				Dul	Dula 10hE 1(a) Transaction Indication																
(O:+ )	(0)	-+-> /-	7:\		Kui	Rule 10b5-1(c) Transaction Indication															
(Спу)	(City) (State) (Zip)				Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																
		Table	I - No	n-Deriva	tive S	ecui	rities	Acq	uired,	Disp	osed of	, or	Ben	eficial	ly Owr	ned					
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day)						Exec if any	Deemed cution Date, y nth/Day/Year)				ties Acquired (/ I Of (D) (Instr. 3			Securi Benefi Owned Follow	cially I ring	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A (D	A) or O)	Price	Reported Transaction(s) (Instr. 3 and 4)						
Common	2023				A		7,371(1)		Α	\$ <mark>0</mark> (2)	23,062			D							
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
														10	11. Nature						
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)				6. Date Exercisable ar Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		De Se (In	erivative ecurity estr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D or Indirect (I) (Instr.		of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber							

## Explanation of Responses:

- 1. Represents a restricted stock unit ("RSU") grant pursuant to NVHI's non-employee director compensation policy. The RSUs vest in full on the one year anniversary of the date of grant, subject to the Reporting Person's continuous service through such vesting date.
- $2. \ Each \ RSU \ represents \ a \ contingent \ right \ to \ receive \ one \ share \ of \ NVHI \ common \ stock.$

## Remarks:

/s/ Jared Brandman, as Attorney-in-Fact 06/16/2023

\*\* Signature of Reporting Person Date

 $Reminder: \ Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$ 

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.