FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* VanDette Joseph						2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]								(Ch	eck all applic Directo Officer	ionship of Reporting all applicable) Director Officer (give title		10% Ov Other (s	ner
	t) (First) (Middle) NATIONAL VISION HOLDINGS, INC. 5 COMMERCE AVENUE, BLDG 2200					3. Date of Earliest Transaction (Month/Day/Year) 04/11/2022									below)	below) SVP, Chief Marketing Officer			r
(Street) DULUTI	H G	A	30096 Zip)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	Y Form f Form f					
		Tab	e I - Non-	Deriva	ative	Sec	uritie	s Ac	quired, l	Disp	osed o	of, or I	Bene	ficial	ly Owned	ł			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date			Date	Code (I		4. Securities Acquired Disposed Of (D) (Instr. r. 5)			Securitie Benefici	5. Amount of Securities Beneficially Owned Following		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) or (D)		Price	Transac	Transaction(s) (Instr. 3 and 4)			(,		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate, T	4. Transaction Code (Instr 8)				6. Date Exercis Expiration Date (Month/Day/Yea			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			c	Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	or Nu of	Amount or Number of Shares						
Restricted Stock Units	(1)	04/11/2022			A		5,491		(2)		(2)	Commo		,491	\$0	5,491		D	
Restricted Stock Units	(1)	04/11/2022			A		2,312		(3)		(3)	Commo		,312	\$0	7,803		D	

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. The restricted stock units will vest in three equal installments beginning on the first anniversary of the grant date.
- 3. The restricted stock units will vest in two equal installments beginning on the first anniversary of the grant date.

Remarks:

/s/ Jared Brandman, Attorney-

04/13/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.