FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL										
	OMB Number:	3235-0287									
	Estimated average burden										
l	hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* FAHS L READE					2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]											ationship of Reportin all applicable) Director		10% Ow		vner	
(Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC., 2435 COMMERCE AVENUE, BLDG. 2200					3. Date of Earliest Transaction (Month/Day/Year) 02/28/2023											X	Officer (give title below) Chief Executive			Other (s below) Officer	specify
(Street) DULUT: (City)			30096-49 (Zip)	80	- 4. II -	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing Line) X Form filed by One Report Form filed by More than Person									orting Perso	n					
		Tab	le I - Nor	ո-Deri\	/ative	Sec	curit	ies Ad	cqı	uired,	Dis	osed o	of, c	r Ber	nefic	ially	Owned	i			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		ar) i	2A. Deemed Execution Date, if any (Month/Day/Year)		<i>'</i>	Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securiti Benefic		es ally Following	Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount		(A) or (D)	Pri	ce	Transact (Instr. 3	tion(s)			(Instr. 4)	
Common	Stock			02/2	2/28/2023					М		5,385		A	\$	0 ⁽¹⁾	515	515,798		D	
Common Stock				02/2	8/2023					F		1,62	1	D		(2)	514	514,177		D	
Common Stock																	363,430				Held by Trust
		Т	able II -									sed of onverti					Owned		,	·	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (8)				Ex	Date Exc piration lonth/Da	Date	Amount of		Securi	E	B. Price of Derivative Gecurity Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)		ate kercisabl		xpiration ate	Title		Amou or Numb of Share	er					
Restricted Stock	(1)	02/28/2023			M			5,385		(3)		(3)		nmon tock	5,38	B5	\$0	52,689	9	D	

Explanation of Responses:

- $1. \ Each \ restricted \ stock \ unit \ represents \ a \ contingent \ right \ to \ receive \ one \ share \ of \ NVHI \ common \ stock.$
- 2. On February 28, 2023, 5,385 restricted stock units vested and 1,621 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on February 28, 2023 of the Company's common stock on NASDAQ was \$37.36 per share.
- 3. On February 28, 2020, the reporting person was granted 16,155 restricted stock units, vesting in three equal annual installments beginning on the first anniversary of the grant date.

Remarks:

<u>/s/ Jared Brandman, as</u> <u>Attorney-in-Fact</u> 03/02/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.