FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 |
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | | |
|--------------------------|-----|--|--|--|--|--|--|--|--|
| OMB Number: 3235-0287 | | | | | | | | | |
| Estimated average burden | | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Brandman Jared | | | | | | 2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE] | | | | | | | | Check | all app Direc | ionship of Reporti all applicable) Director Officer (give title | | rson(s) to Is 10% O Other (| vner |
|---|---|--|----------|---|-----------------|--|--------|--|--|---------|---|--------|--|--------|--|--|---|-----------------------------------|------|
| (Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC. 2435 COMMERCE AVENUE, BLDG. 2200 | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 05/12/2022 | | | | | | | | X | below | below) below) SVP, GC and Secretary | | | |
| (Street) DULUT | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | . Indivine) | ′ | | | | | | | |
| | | Table | I - No | n-Deriva | tive S | Secui | rities | Acq | Juired | , Dis | posed of | , or E | Benefic | ially | Own | ed | | | |
| 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day) | | | | | Execution Date, | | | 3. Transaction Code (Instr. 8) 4. Securities Acquired Disposed Of (D) (Instr 5) | | | | | 5. Amount of Securities Beneficially Owned Following Reported | | | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | Code | v | Amount | (A) o (D) | r Price | | Transa | saction(s) . 3 and 4) | | | (| | | |
| Common Stock 05/12/20 | | | | | | .022 | | | P | | 5,000 | A | \$23. | 245 18 | | 3,697 | | D | |
| | | Tal | ole II - | | | | | | | | osed of, convertib | | | | Owne | d | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. 2. 3. Transaction Date (Month/Day/Year) 3. Deemed Execution Date, if any (Month/Day/Year) Security | | | ransaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date | | | 7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4) Amount or Number of Title Shares | | 8. Price of Derivative Security (Instr. 5) | | 9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | y | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficia Ownership (Instr. 4) | | | |

Explanation of Responses:

Remarks:

/s/ Jared Brandman

05/16/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.