FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549	
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STATEMENT	OF CHANGE	S IN BENEFICIAL	OWNERSHIP

OMB APPROVAL										
OMB Number: 3235-028										
Estimated average burden										
hours per response:										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar  Moore  (Last)	Salar of Earliest Transaction (Month/Day/Year)  2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [ EYE ]  3. Date of Earliest Transaction (Month/Day/Year)										all application Director Officer below)	cable) or (give title		10% Ov Other (s below)	vner specify						
		ISION HOLDIN AVENUE, BLD				03/05/2022 SVP, Chief Finance															
(Street)	H G.	A :	30096-498	30	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							Lir		Form f	al or Joint/Group Filing (Check Applica orm filed by One Reporting Person orm filed by More than One Reporting erson			n		
(City)	(S	tate)	(Zip)																		
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Trans Date (Month/I					ay/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			d (A) or r. 3, 4 ar	d S	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Cod	e v		Amount	(A) or (D)		Price	1	Transaci (Instr. 3	tion(s)			(
Common Stock 03				03/05	/2022		М			1,27	77 A		\$0 <sup>(</sup>	1)	18,515			D			
Common Stock 03/0			03/05	5/2022	2			F	7		576	5 D		(2)	(2) 17		17,939		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transaction Code (Instr. B)		n of l		6. Date Exercisal Expiration Date (Month/Day/Year			Amount of			Der	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e (Caracteristics)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Ex Da	piration ite	Title		Amount or Number of Shares						
Restricted Stock Units	(1)	03/05/2022			M			1,277	(3)			(3)	Com		1,277		\$0	19,626	6	D	

## **Explanation of Responses:**

- $1. \ Each \ restricted \ stock \ unit \ represents \ a \ contingent \ right \ to \ receive \ one \ share \ of \ NVHI \ common \ stock.$
- 2. On March 5, 2022, 1,277 restricted stock units vested and 576 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on March 4, 2022 (as March 5, 2022 fell on a weekend) of the Company's common stock on NASDAQ was \$38.55 per share.
- 3. On March 5, 2021, the reporting person was granted 3,833 restricted stock units, vesting in three equal annual installments beginning on the first anniversary of the grant date.

## Remarks:

/s/ Jared Brandman, as Attorney-in-Fact

03/08/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.