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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL											
OMB Number:	3235-0287										
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Section 16. Form 4 or Form 5 obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Rasmussen Melissa</u>				2. Issuer Name and Ticker or Trading Symbol <u>National Vision Holdings, Inc.</u> [EYE]							ationship of Reportin all applicable) Director Officer (give title	10% 0				
(Last) C/O NATION	(First) AL VISION H	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 11/18/2023				X	below) below) Chief Financial Officer							
2435 COMMERCE AVENUE, BLDG. 2200				4. If Amendment, Date of Original Filed (Month/Day/Year)						Line)						
(Street) DULUTH	GA	30096-498	30							X	Form filed by One Form filed by Mo Person					
(City)	(State)	(Zip)		Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a construct satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruct												
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date			2. Transact Date (Month/Day	Execution Date, Transaction Disposed Of (D) (Instr. 3					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership					
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)				

Common Stock

Common Stock

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

М

F

2,745

827

\$0⁽¹⁾

(3)

A

D

15,301(2)

14,474

D

D

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)	11/18/2023		М			2,745	(4)	(4)	Common Stock	2,745	\$ <mark>0</mark>	5,617	D	

Explanation of Responses:

1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.

2. These shares include 456 shares that were acquired pursuant to the employee stock purchase plan, which acquisitions are exempt from Section 16.

11/18/2023

11/18/2023

3. On November 18, 2023, 2,745 restricted stock units vested and 827 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on November 17, 2023 (as November 18, 2023 fell on a weekend) of the Company's common stock on NASDAQ was \$19.33 per share.

4. On November 18, 2019, the reporting person was granted 10,977 restricted stock units, which will vest in three installments, with 5,488 shares vesting on the second anniversary of the grant date, 2,744 sharesvesting on the third anniversary of the grant date and 2,745 shares vesting on the fourth anniversary of the grant date.

Remarks:

/s/ Jared Brandman, as Attorney-in-Fact

11/22/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.