### FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRC	VAL								
	OMB Number:	3235-0287								
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l	hours per response:	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

1. Name and Add Brandman	lress of Reporting Jared	Person <sup>*</sup>	2. Issuer Name <b>and</b> Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) C/O NATION	(First) AL VISION H	(Middle) DLDINGS, INC.	3. Date of Earliest Transaction (Month/Day/Year) 03/05/2024	X Officer (give title Other (specify below) below) SVP, GC and Secretary						
2435 COMMI	ERCE AVENU	E, BLDG. 2200	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street) DULUTH	GA	30096-4980		Form filed by More than One Reporting Person						
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication							
			Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispose Code (Instr. 5)		Acquired (D) (Instr.		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)	
Common Stock	03/05/2024		М		639	A	(1)	33,665	D		
Common Stock	03/05/2024		F		191 <sup>(2)</sup>	D	\$22.62	33,474	D		
Common Stock	03/05/2024		М		2,556 <sup>(3)</sup>	A	\$0	36,030	D		
Common Stock	03/05/2024		F		763 <sup>(4)</sup>	D	\$22.62	35,267	D		

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deriv Secu Acqu (A) o Disp of (D	r osed ) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)	03/05/2024		М			639	(5)	(5)	Common Stock	639	\$0	8,543	D	

#### Explanation of Responses:

1. Restricted stock units convert into common stock on a one-for-one basis.

2. Reflects payment of tax liability by withholding securities incident to vesting of restricted stock units.

3. Reflects the issuance of shares upon vesting of performance stock units granted to the reporting person on March 5, 2021.

4. Reflects payment of tax liability by withholding securities incident to vesting of performance stock units.

5. On March 5, 2021, the reporting person was granted 1,917 restricted stock units, vesting in three equal annual installments beginning on each anniversary of the grant date.

Remarks:

# /s/ Jared Brandman

03/07/2024

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.