FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Cianfrocco Heather					2. Issuer Name <b>and</b> Ticker or Trading Symbol National Vision Holdings, Inc. [ EYE ]								Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Claimocco meanier														X	Direc	tor		10% O	wner
(Last)	Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC.						3. Date of Earliest Transaction (Month/Day/Year) 06/15/2022								Office below	er (give title /)		Other ( below)	specify
2435 COMMERCE AVENUE, BLDG. 2200				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street)														X Form filed by One Reporting Person					on
DULUT	H GA	A 3	0096-4	980											Form Perso	m filed by More than One Repo son			orting
(City)	(Sta	ate) (Z	ip)																
		Table	I - Nor	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benef	icial	ly Own	ed			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day)				Execution y/Year) if any			ution Date,				es Acquired (A Of (D) (Instr. 3,			Securit Benefic	ecurities leneficially Owned Following			7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	Amount	(A) (D)	or P	rice	Transa	ction(s) 3 and 4)			(				
Common Stock 06/15/2					2022			A		6,882(1)	I	A	\$ <mark>0</mark> (2)	15,691			D		
		Tal									osed of, onvertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			Transaction of Code (Instr. 8)  Securi Acquir (A) or Disposo of (D) (Instr. and 5)		vative irities iired r osed )	6. Date Exercisable a Expiration Date (Month/Day/Year)  Date Expirat Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)  Amount or Numb of Share		D S (III	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y [	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

## **Explanation of Responses:**

- 1. Represents a restricted stock unit ("RSU") grant pursuant to NVHI's non-employee director compensation policy. The RSUs vest in full on the one year anniversary of the date of grant, subject to the Reporting Person's continuous service through such vesting date.
- 2. Each RSU represents a contingent right to receive one share of NVHI common stock.

## Remarks:

/s/ Jared Brandman, as Attorney-in-Fact

06/17/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.