Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to	STATEMENT OF CHA
Section 16. Form 4 or Form 5 obligations may continue. See	

ANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Beasley Chris						2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]								neck all a Dir	tionship of Reporting Pe all applicable) Director Officer (give title		erson(s) to Issuer 10% Owner Other (specify		
	(Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC., 2435 COMMERCE AVENUE, BLDG. 2200							3. Date of Earliest Transaction (Month/Day/Year) 05/14/2019								below) below) SVP, Accounting, & Controller			
(Street) DULUTH GA 30096-4980 (City) (State) (Zip)				_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Lir	e) <mark>X</mark> Fo Fo	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - N	on-Deri	vativ	e Sec	curit	ies Ac	quire	d, Di	sposed o	f, or Be	neficia	ly Owr	ed				
Date		2. Transa Date (Month/D		Exe) if ar	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar			Sec Ben Owr	nount of Irities eficially ed Followin	Fori	m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	Tran	orted saction(s) r. 3 and 4)			(Instr. 4)	
Common Stock 05/14/2					/2019	19		M		25,000	Α	\$5.25		25,000		D			
Common Stock 05/14/20				/2019	19			S		25,000	D	\$26.98	3(1)	0		D			
		-	Table II								posed of, convertil			Owne	d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year		4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price Derivat Securit (Instr. 5	ve derivat Securit Benefic Owned Follow Report	ive ties cially ing ed ction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares						
Stock Option	\$5.25	05/14/2019			M			25,000	(2))	09/01/2025	Common	25,000	\$5.25	49,	818	D		

Explanation of Responses:

- 1. Price represents the weighted average sales price. The shares were sold pursuant to a single order in multiple transactions as prices ranging from \$26.85 to \$27.22. Upon request by the SEC staff, the issuer or a security holder of the issuer, the reporting person will provide full information regarding the number of shares sold at each separate price.
- 2. Of these 49,818 stock options, 25,407 are vested and the remaining 24,411 stock options will vest in two equal annual installments on September 1, 2019 and 2020. An additional 34,329 stock options which remain subject to liquidity-event performance-based vesting conditions are not included in the table above.

Remarks:

Buy)

/s/ Jared Brandman, as 05/16/2019 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.