Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERS	SHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Vaught John						2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]									tionship of Reportino all applicable) Director Officer (give title		g Pers	on(s) to Issi 10% Ow Other (s	/ner	
(Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC. 2435 COMMERCE AVENUE, BLDG. 2200						3. Date of Earliest Transaction (Month/Day/Year) 09/25/2018									below) below) SVP, Chief Information Officer					
(Street) DULUT: (City)			30096-4 (Zip)	1980	_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								. Indivine)	lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - N	on-Deri	vativ	e Sec	urit	ies Ac	quire	d, Di	sposed o	f, or Be	nefici	ally (Owned					
Dat			Date	Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			nd 5) Securit Benefic Owned		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price		Reported Transact (Instr. 3	tion(s)			(Instr. 4)		
Common Stock 09/			09/25/	2018)18		М		26,477	A	\$4.2	27	26,	,477		D				
Common Stock			09/25/	2018				S ⁽¹⁾		21,370	D	\$43.20	06 ⁽²⁾	⁽²⁾ 5,107			D			
Common	Stock			09/25/	2018				S ⁽¹⁾		5,107	D	\$43.83	17 ⁽³⁾		0 D				
		-	Table II								posed of, convertil				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I		Date, Transac Code (II		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		De Se	Price of erivative ecurity astr. 5)		e Owr s Forr ally Dire or Ir g (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
Stock					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amour or Numbe of Shares	ber						
Option (Right to	\$4.27	09/25/2018			M			26,477	(4)		03/13/2024	Common Stock	26,47	7	\$4.27	27,228	В	D		

Explanation of Responses:

- 1. The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan established by the reporting person on August 24, 2018.
- 2. Price represents the weighted average sales price. The shares were sold pursuant to a single order in multiple transactions as prices ranging from \$42.69 to \$43.66. Upon request by the SEC staff, the issuer or a security holder of the issuer, the reporting person will provide full information regarding the number of shares sold at each separate price.
- 3. Price represents the weighted average sales price. The shares were sold pursuant to a single order in multiple transactions as prices ranging from \$43.70 to \$44.00. Upon request by the SEC staff, the issuer or a security holder of the issuer, the reporting person will provide full information regarding the number of shares sold at each separate price.
- 4. Of these 53,705 stock options, 40,279 are vested and the remaining 13,426 stock options will vest on March 13, 2019. An additional 60,419 stock options which remain subject to liquidity-event performance-based vesting conditions are not included in the table above.

Remarks:

/s/ Jared Brandman, as Attorney-in-Fact

09/26/2018

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.