FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GOODMAN MITCHELL							2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]									f Reporting able) give title	Perso	on(s) to Issu 10% Ow Other (s	ner	
(Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC.,						3. Date of Earliest Transaction (Month/Day/Year) 07/30/2018								X	below) below) SVP, GC and Secretary					
2435 COMMERCE AVENUE, BLDG. 2200							4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street) DULUT	Street) DULUTH GA 30096-4980													Line) X	Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	City) (State) (Zip)														r 613011					
		Ta	ble I - N	lon-Der	rivativ	ve Se	curities	Ac	quire	d, Di	sposed of	, or Be	enefic	cially	Owned					
1. Title of Security (Instr. 3) 2. Transactio Date (Month/Day/N						Execution Date,		, ;	3. Transaction Code (Instr. r) 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an			Benefic Owned		es Fo ially (D) Following (I)		: Direct I r Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership	
								Ī	Code V		Amount	(A) or (D)	Price		Reported Transact (Instr. 3 a	ction(s)			(Instr. 4)	
Common Stock 07/30/20									S		56,848	D	\$38.2	.2594 ⁽¹⁾ 62,58		580	D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any		4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		1	B. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio	ly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
					Code	v	V (A) (D		Date) Exercisabl		Expiration Date	or Nui of		ount mber ares		(Instr. 4)		<u></u>		
Stock Option (Right to Buy)	\$4.27	07/30/2018			A		74,760 ⁽²⁾			(3)	03/13/2024	Commo Stock	^{on} 74,	,760	\$4.27	103,24	0	D		

Explanation of Responses:

- 1. This amount represents the secondary public offering price per share of common stock of National Vision Holdings, Inc. of \$39.75, less the underwriting discount of \$1.4906 per share.
- 2. On March 13, 2014, the reporting person was granted stock options, subject to time-based and performance-based vesting. On July 30, 2018, a liquidity event with respect to such performance-based stock options occurred as a result of sales by the Issuer's sponsor stockholders and 74,760 stock options which had previously not been reported were deemed earned.
- 3. Of the 103,240 stock options reported herein, 74,760 are vested and the remaining 28,480 time-based stock options will vest on March 13, 2019. An additional 138,842 stock options which remain subject to liquidity-event performance-based vesting conditions are not included in the table above.

Remarks:

/s/ Jared Brandman, as Attorney-in-Fact

08/01/2018

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.