FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Moore Patrick R.						2. Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE]								of Reportin cable) or (give title	10% Owi		/ner
(Last) (First) (Middle) C/O NATIONAL VISION HOLDINGS, INC., 2435 COMMERCE AVENUE, BLDG. 2200					3. Date of Earliest Transaction (Month/Day/Year) 02/28/2020								below)				·
(Street) DULUTH GA 30096-498			30096-4980	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								dividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(5		(Zip)														
Date (Mont				ivative	rear)	2A. Deem Execution if any (Month/Da	A. Deemed xecution Date, any Month/Day/Year) Irities Acquired, warrants, of Experivative Securities Acquired (A) or Disposed of (D) (Instr.		3. 4. Secu Transaction Dispos Code (Instr. 5)		rities Acquired (A) of ed Of (D) (Instr. 3, 4 t (A) or Pri		5. Amou Securitie Beneficia Owned F Reportet Transact (Instr. 3 a	nt of ess ally Colored Appendix of the colored Appendi		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4) 11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	3, 4 and	(D)	Date Exercisable	Expirat Date		itle	Amount or Number of Shares		(Instr. 4)			
Restricted Stock Units	(1)	02/28/2020		A		7,180		(2)	(2)		Common Stock	7,180	\$34.82	18,15	7	D	
Stock Option (Right to	\$34.82	02/28/2020		A		18,262		(3)	02/28/2		Common Stock	18,262	\$34.82	18,26	2	D	

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. The restricted stock units will vest in three equal annual installments beginning on the first anniversary of the grant date.
- $3. \ The \ option \ vests \ in \ three \ equal \ annual \ installments \ beginning \ on \ the \ first \ anniversary \ of \ the \ grant \ date.$

Remarks:

/s/ Jared Brandman, as 03/03/2020 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.