FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
--

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar Clark F (Last) C/O NAT 2435 CO	3. D	Issuer Name and Ticker or Trading Symbol National Vision Holdings, Inc. [EYE] 3. Date of Earliest Transaction (Month/Day/Year) 02/28/2023									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) SVP, Chief People Officer									
(Street) DULUT			30096-498 (Zip)	80	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	e) X Form: Form:	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Trans Date (Month/I				ction 2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				Benefici	es ally Following	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A (D	A) or D)	Price	Transaci (Instr. 3	ction(s)			(111341. 4)	
Common Stock 02/28				3/2023	/2023		М		766		Α	\$0 ⁽¹⁾	17	17,377		D				
Common Stock 02/28/				3/2023	/2023		F		272	D (2)		(2)	17,105			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Date,	4. Transactio Code (Inst) 8)		on of E		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title Amour Securin Underl Derivat (Instr. 3	nt of ties ying tive Se		8. Price of Derivative Security (Instr. 5)		e Over State of	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisal		xpiration ate	Title	OI N Of	umber						
Restricted Stock Units	(1)	02/28/2023			M			766	(3)		(3)	Commo Stock		766	\$0	10,257	7	D		

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of NVHI common stock.
- 2. On February 28, 2023, 766 restricted stock units vested and 272 shares of the Company's common stock were withheld to satisfy tax withholding obligations. The closing price on February 28, 2023 of the Company's common stock on NASDAQ was \$37.36 per share.
- 3. On February 28, 2020, the reporting person was granted 2,298 restricted stock units, vesting in three equal annual installments beginning on the first anniversary of the grant date.

Remarks:

/s/ Jared Brandman, as Attorney-in-Fact

03/02/2023

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.